

PSYCHOLOGY 3/30-4/3**DUE: FRIDAY, 4/3****Assignment:**

Create a Quarantine Journal

Share it with me or link it to Google Classroom drop site. Due by Friday, 4/3.

Add entries and relate it to topics we have covered in Psychology so far.

By Friday, 4/3, have TWO entries and TWO connections.

See the exemplar below. To use this example as the base of your journal, go to FILE - MAKE A COPY. RENAME IT. SHARE with SKAIN@studentmba.org

Mrs. Kain
PSYCHOLOGY
Quarantine Journal
Due: 4/3/2020

Journal Entry	Connection to Psychology
<p>3/16/2020</p> <p>I watch the news. There were many experts on tv telling me to wash my hands and avoid contact with other people. They are using data to tell me how quickly this virus spreads. They are also telling me that Tom Hanks and other famous people have the virus. They are sending updates via their social media accounts.</p>	<p><u>Persuasion:</u></p> <p>Central Route (Data)</p> <p>Peripheral Route (Celebrity)</p>
<p>3/17/2020</p> <p>I took my dog for a walk. I was sure to maintain 6 foot distance from everyone. As I walked past the park, there were a lot of families running around. Of course, Penny (my dog) pulled me toward the park. We walked through and my heart rate was up, I kept thinking, what if someone here has the virus and we get too close. Everyone kept a safe distance (even the squirrels) and my heart rate returned to a normal rate.</p>	<p><u>Sympathetic nervous system</u> (heart rate up, nervous, very aware of my surroundings, who is getting to close)</p> <p><u>Parasympathetic nervous system</u> (heart rate is down, I feel calm)</p>